



P.D. Ruia Kaya Kalp, Naturopathy & Health Resort



A couple of hours' drive from Jaipur/Bikaner & almost 8 Km before the Powerful World Famous Salasar Balaji Temple, nestled amidst the quiet & peaceful area, lies P.D. Ruia Kaya Kalp Naturopathy & Health Resort which takes a holistic approach to your well being, combining ancient therapies to encompass mind, body & spirit. From nature cure treatments, to weight loss, stress reduction or pure pampering, guests are assured of a comfortable stay within our beautiful stress-relieving environment.

Inaugurated by the Chief Minister of Rajasthan, Sri. Bhairav Singh Shekhawat on 28th Jan 1996, the campus boasts about its exclusive Royal suite, 56 luxury rooms with (LCD TV, 101 channels, Digital Safe), Annapurna Banquet Hall, Gyaan Sagar Conference Hall, Vrindawan lawns, Gym, Health Club -(500 feet in length), 3 Yoga halls, Walking & Reflexology tracks, KayaSarovar Swimming pool, KayaKund Mud pool, Bio-chemist Lab., Herbal Shoppe, Library, Cyber café, On Site 24 hours qualified Doctors & their team & Ruia Ki Dhani cluster of furnished A/c huts nestled in a village like Rajasthani ambience which indeed is a unique lodging experience & attraction for foreign tourists.

KayaKalp offers a variety of nature-care/drug free treatments such as Naturopathy, Ayurveda, Yoga & Siddha which addresses various ailments like Respiratory, Digestive, Metabolic, Cardiovascular, Neuro Muscular Skeletal, Hormonal, Gynecological, Stress, Diabetes, Hypertension, Paralysis & Sinusitis along with common dilemmas like Sleeplessness, Depression, Anxiety, Fat analysis & Weight loss programs are given attention to.

Accommodation ranges from Rs 1000 Rs.3500 which includes Breakfast, Lunch, Fruits, Snacks & Dinner, including ALL Naturopathy treatments. To name a few, other than the usual massage, sauna & steam baths, is the Specialty - Mud treatments along with Pranayam, Yoga, Meditation, Lectures, Enema, Shankhprakashalan, Group/Laughter therapy, Demonstrations on nutrition & access to the Library are complementary with the room reservations! One time registration fee of Rs. 1000 includes doctor's consultation to plan your health regime, guest/patient registration, 1 year Kaya Raksha Magazine subscription & Member's Discount Card of 10% off for your future visits! Free extras like amla supari, orange face pack & bathroom kits, are also offered with special rooms.

While you're there, relax by swinging in the Vrindawan lawns jhulas with peacocks around you or explore the activities every alternate evening at Ruia ki Dhani area or simply pamper your self with our only chargeable treatments like Shirodhara, Ayurvedic Oil therapy & Colon therapy.

We have combined the pleasures of good health & business with your moments of leisure.

For Special packages, Group Discounts, Professional Conferences/Seminars etc.

Contact 9007883329, 9610368576, and 9982219730

Address:- P.D. Ruia Kaya Kalp, Naturopathy & Health Resort, Vil- Dhanani, Ruia Kunj via Lacchmangarh, District Sikar, Rajasthan 332318, India Tel: (01570) 264474 - 78 Fax:- 01570 264475

Website: www.pdruiakayakalp.com Email: contact@pdruiakayakalp.com

